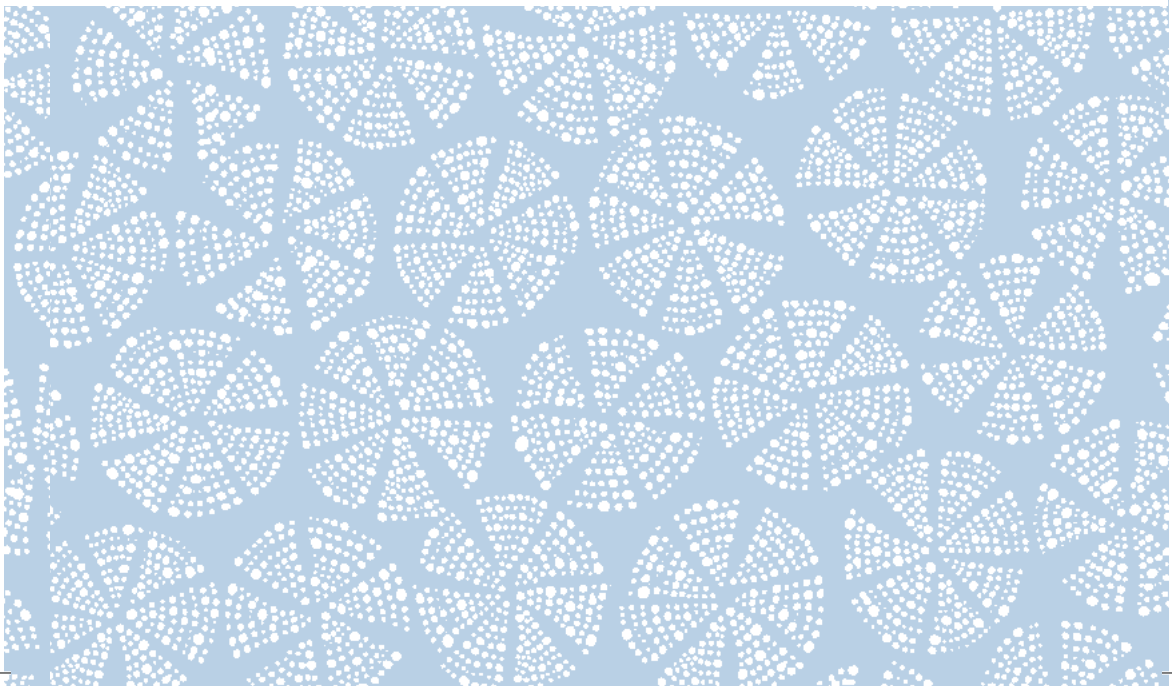


SANI
BEACH
MY SPA





Uncomplicated, fresh and welcoming, "My Spa" treatments are designed to feed your skin with essential beauty ingredients at attractive prices.

The purest essential oils, trace elements and plant extracts from our luxury Spa brand, Anne Semonin Paris, are combined with the expertise of our skilled therapists in order to create, especially for "My Spa", the finest beauty treatments that give immediate and long lasting results and a stunning healthy glow to your skin.

Pre and Post Sun Signature Treatments

Sani Signature Sun Prep Therapy

Sun Defence Facial 50m, 95€

Sun Defence Face & Body Treatment 55m, 120€

Protecting, age preventing, tan-preparing

Prevention is one of the most precious gifts you can offer your skin. Prepare your skin before sun exposure with these specially developed Anne Semonin sun defence treatments. As a result your skin will develop a gradual, even and long lasting tan and its youthful appearance will be prolonged.

Sani Signature After Sun Bliss

Recovery Facial treatment 50m, 95€

Ultra Hydrating Face & Body treatment 55m, 120€

Calming, comforting, restoring

Too much fun in the sun? Quench your skin with this revitalizing, youth-preserving moisture treatment. This Anne Semonin After Sun remedy helps soothe and prepare skin for its next exposure to the sun, thanks to the nourishing natural Macadamia Nut Oil and Vitamin E found in the Anne Semonin Phytarosa serum. The result is smooth, soft skin while the bronze-boosting Beta Carotene extract stimulates the tanning process to preserve your golden glow.

Mediterranean Signature Face
and Body Treatments inspired
by Greek nature

MySpa Signature Face Treatments

Chamomile Velvet Touch 50m, 90€

This deeply hydrating facial therapy will invigorate dry or dehydrated skin using a red clay mask originating from Kos island, birthplace of Hippocrates, combined with essential oils of Chamomile flowers growing on the slopes of Mount Olympus.

Olive Tree Caviar 50m, 95€

An anti-ageing and firming therapy which utilises the extraordinary properties of pure extra virgin Cretan olive oil combined with olive tree fruits to activate collagen and elastine production.

MySpa Signature Body Treatments

Mediterranean Olive Oil 60m, 100€

A relaxing, invigorating and hydrating therapy for the whole body using pure Beeswax from Mount Athos combined with extra virgin olive oil from Crete packed with vitamins, minerals and anti-oxidants which nourish your skin and improve its elasticity while soothing, healing and softening.

Cretan Chocolate 60m, 110€

A firming therapy which utilises the precious properties of Cretan carob beans (a caffeine-free alternative for cocoa) and the renowned Halkidiki honey. This unique treatment uses Cretan carob seeds to offer skin a smoothing sensation and improve skin elasticity followed by a carob and honey mask to hydrate and firm, leaving your body with velvet soft skin.

MySpa Signature Collection

LPG endermologie® by Cellu M6 Alliance

Slimming, anti-aging, well-being treatments

True sensory experience, the LPG endermologie® technique delicately stimulates the skin to reactivate dormant cellular activity naturally, painlessly and without any side effects. Awakened, the target cells then metamorphose the skin from within for visible slimming and anti-aging results (localized fat elimination + natural collagen, elastin and hyaluronic acid production). LPG also prepares the skin to receive the most precious of care rituals. Suitable for both men and women.

Prelude Treatment
20m, 70€

To instantaneously intensify the result of another treatment. Short session or as the first step of a massage or body treatment.

Extreme Treatment
60m, 150€

To live the spa experience like never before. An exclusive treatment concept for ultimate efficiency and well-being.

2 to 6 Days Complete Treatment
90m, 220€

For comprehensive face and body treatments every day. Intensive Anti-aging retreat. Intensive Detoxifying retreat. Organic Mommy makeover.

Absolute Rejuvenation

1h40m, 180€

Beginning with the exclusive signature touches of Anne Semonin, lose yourself in an ultimate blend of wellbeing and inner peace. Aromatic oils and salts dance across the skin in a symphony of texture and scents, smoothing and polishing your body from top to toe. This ritual concludes with the perfect facial, centred around the anti-oxidant Anne Semonin Oligo product range, surging the skin with total hydration and revealing a radiant complexion.

Heavenly Anti-Stress Face and Body Experience

1h50m, 200€

A synergy of heat and cold is the essence of this truly exceptional experience combining a relaxing back therapy and anti-ageing facial. The creamy, rich mixture of self-heating clay and algae melts away deep-seated tension throughout the back of the body while the feet and legs are massaged. The senses are further stimulated with an advanced cryotherapy facial, using the Anne Semonin Express Radiance ice cubes infused with powerful ingredients to support the skin at a cellular level, as the whole body experiences a rush of complete well being.

Express Facials

Uplifting Face Massage

25m, 70€

The Uplifting Face Massage involves flowing techniques which act as a natural face lift. This can be used as an alternative to surgery, helping you feel and look younger. It is designed to be a gentle non-invasive approach to looking younger. It works primarily by freeing constrictions both within the facial muscles and in the connective tissue.

Made to Measure Express Facial

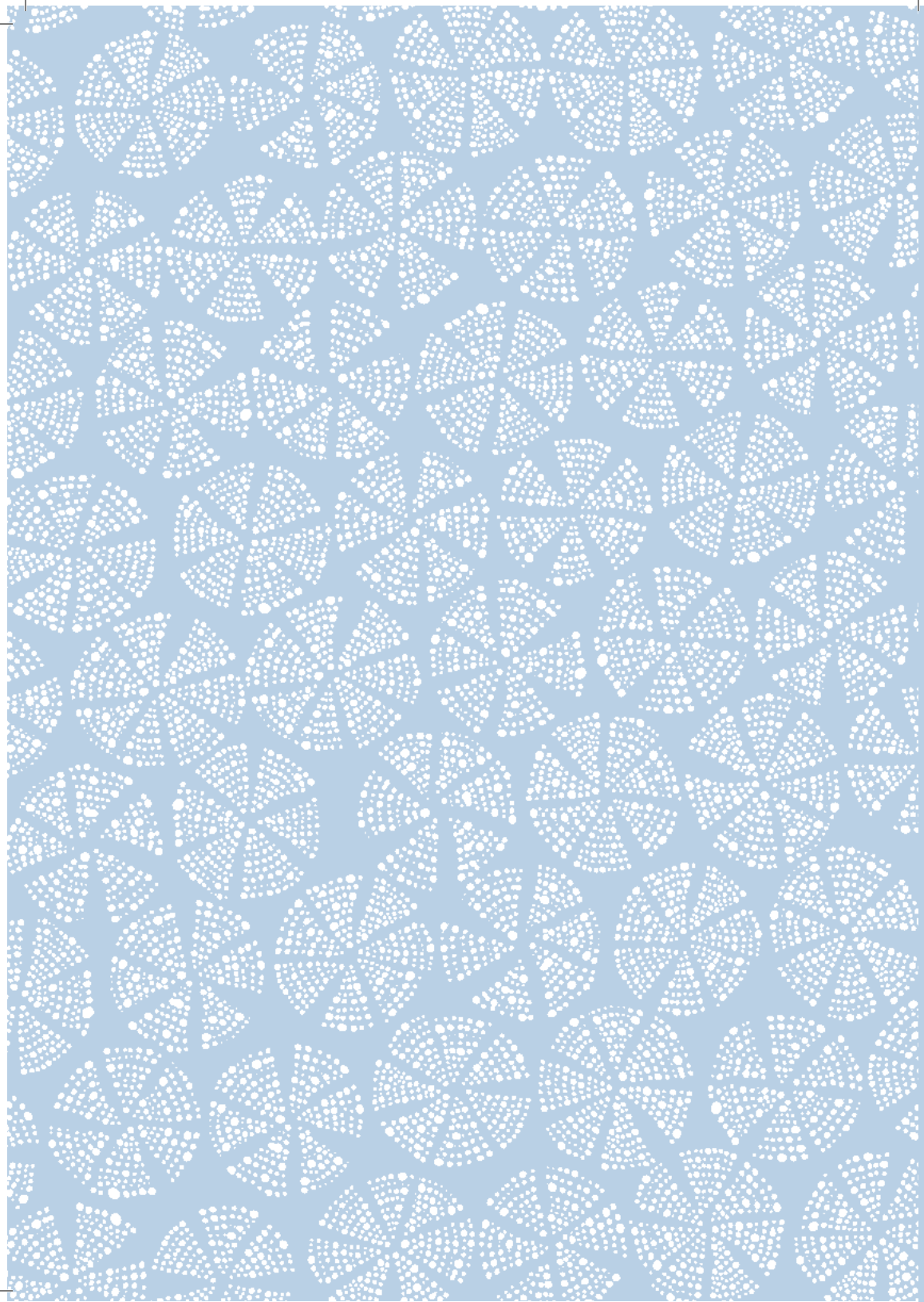
25m, 65€

Suitable for everyone, this clever combination of cleansing, exfoliating and a mask allows even the busiest person to achieve a look of instant freshness. The fast effective results leave skin hydrated, soft and radiating health.

For Your Eyes Only

25m, 65€

Designed to enhance, lift and firm your eye area. State-of-the-art Anne Semonin Eye Express Radiance Ice cubes full of cryotherapy benefits are used in combination with a therapeutic lymphatic eye massage to relax muscular fatigue and target the signs of ageing.



Exclusive Facials

Baby Bliss Pregnancy Facial

55m, 110€

Radiance, Soothing, Nourishing

The hormonal effects on your skin during pregnancy can cause dryness, breakouts, increased pigmentation and a lack lustre complexion. Regain that beautiful pregnancy glow with this rehydrating soothing facial. Using an intensive nourishing oil, special attention is paid to relaxing your neck and shoulders followed by a heavenly scalp message which will leave your skin glowing.

Oligo Skin Protect

50m, 100€

Detoxifying, balancing, age preventing

The ultimate in building your skin defenses using anti-oxidants, this treatment instantly hydrates and balances, boosting oxygenation to the oily, combination skin. Using the exclusive Anne Semonin Oligo range of products, an advanced formula combining dynamic ingredients such as algae and chlorella, ensures a clear skin, thoroughly protected from the urban environment.

Soothing Skin Saviour

50m, 100€

Calm, hydrating, restoring

The secret to soothing even the most delicate dry, sensitive skin lies in the exquisite blending of minerals and essential essences. A generous application of the shea butter and marine minerals formula smoothes and nourishes skin revealing a perfectly calm and soothed complexion. Skin is prepared with gentle cleansing and exfoliation before indulging with the luxurious Anne Semonin Cream mask.

Age Defend

50m, 110€

Anti-ageing, firming, toning

Defy the ageing process with this quintessential regenerating facial therapy. Signs of ageing dissolve as essential oils and minerals are gently massaged into the skin improving tone and elasticity. Mature skins will benefit from the extracts of Mexican Wild Yam and rice which provide the ultimate defence against environment aggressions and help maintain a youthful radiance all the way to a cellular level.

Skin Renewal Treatment

45m, 100€

Peeling, rejuvenating, smoothing

A unique, efficient resurfacing treatment, combining mechanical and chemical exfoliations: a smart & medically inspired method, without irritation, that will give your skin a luxurious glow and incredible softness. Experience the Micronised crystal powder, mixed with a nourishing massage butter, followed by the application of a gentle acid emulsion, as efficient as the soft sensation it provides. Discover this Anne Semonin unique transformative treatment, which re-invents the surface of your skin within a few minutes, infusing it with an efficient blend of ingredients and polishing it to perfection!

Cryotherapy

55m, 120€

Immediate toning, radiance, brightness

A contouring and firming facial designed to combat the visible signs of ageing; excellent for mature, dry and dehydrated skins. Innovative Anne Semonin neurocosmetic ingredients are combined with Active Serums and advanced cryotherapy Anne Semonin Express Radiance ice cubes to regain the skin's natural youthful glow. The result is instantly tightened and firmed skin, a superb brightener for special events & for boosting skin vitality.

"White Star" Brightening Treatment

55m, 115€

Brightening, firming, moisturising

Using the exclusive Anne Semonin Brightening Complex, this correcting treatment visibly lights up the complexion and reduces the appearance of sun spots, dark spots and age spots to unveil a more even skin tone. Its detoxifying antioxidants neutralize damage from air pollutants while sea-sourced minerals and moisturizers keep skin glowing.

Deep Marine

1h10m, 135€

Deep cleansing, decongesting, remineralising

Ideal for combination, oily, congested, problematic skin, this is a complete deep cleansing purifying treatment which includes a rebalancing lymphatic drainage massage. A detoxifying and anti-inflammatory peel off mask and aromatic intensive complexes are used to soothe, calm and rebalance the skin to encourage a visibly clear complexion.

Haute Couture

1h25m, 155€

Nourishing, revitalising, radiance

Indulge in the ultimate bespoke facial incorporating a client-specific intensive eye and décolleté treatment. Aromatic intensive complexes and serums will boost cellular renewal whilst a firming algae mask will detoxify for absolute skin radiance. This treatment is a complete and effective remedy for removing the stresses of daily life leaving skin firm, smooth and radiant.

Super Active Face Treatment

1h15m, 165€

Anti-ageing, toning, radiance

Experience a truly rejuvenating facial which combines marine active ingredients with advanced massage techniques and cryotherapy to stimulate cell renewal, reduce wrinkles and hydrate mature skin. The unique peel-off mask completes this treatment to firm and lift as well as restore skin radiance.

Men's Treatments

SOS Facial

25m, 65€

Remineralising, mattifying, smoothing

A powerful express skin replenishment treatment ideal for quick and instant results.

Made to Measure Facial

55m, 110€

Cleansing, nourishing, skin perfecting

This Phyto-Aromatic Facial is tailored to you. Following a skin consultation a bespoke facial is created for your skin using Anne Semonin essential oils, trace elements, serums and botanical oils. Unique to you.

Back, Face & Scalp Revitalizer

55m, 120€

De-stressing, balancing, recharging

This 'all in one' treatment commences with a soothing back massage to ease away all tension, continue to relax with an invigorating facial & finally drift away while having a therapeutic scalp massage...heaven.

Express Body Treatments

Relaxing Head and Shoulders Therapy

25m, 65€

A relaxing and deeply healing scalp treatment to soothe away stress and tension. The neck, shoulder and scalp are massaged with effective energising oriental techniques to rebalance your energy levels and reactivate your senses.

Aroma Salt Fusion

35m, 70€

An express aromatic oil and salt scrub, the perfect skin preparation, leaving skin deeply nourished, smoothed and hydrated.

Nude Sand Warming Scrub Experience

35m, 75€

A wonderful Bora Bora sand exfoliation, to softly warm up your senses and leave your skin smoothed to perfection, hydrated and glowing. The warming and nourishing qualities of this scrub ensure a soothing experience and visible results.

Exclusive Body Treatments

Nude Sand Warming Body Polish & Massage Ritual

1h20m, 160€

Detoxifying, nourishing, radiance

The warming Nude Sand from Bora Bora will softly activate the circulation and detoxify, whilst nourishing aromatic oils will actively sweep away dead surface skin cells, leaving your skin wonderfully soft, silky and youthfully radiant. A Cranberry and grape seed oil blend is then applied to conclude with the ultimate body massage.

Parisian Top to Toe

1h30m, 170€

Invigorating, soothing, relaxing

This treatment begins with an invigorating back cleanse to exfoliate and smooth the skin. A soothing back, neck and scalp massage begins this wonderfully relaxing therapy designed to relieve key areas of tension and muscle tightness. Combined with the Made to Measure Facial the result is re-hydrated, nourished and protected skin and an overall sense of calm and harmony. Finish with a wonderful pressure point foot, leg and hand massage making this a fabulous top to toe experience.

Anti-Stress Back Therapy

55m, 125€

Tension releasing, restoring

A self-heating marine mineral mud treatment for the back, neck and shoulders designed to release tension and combat tight muscles. The feet and lower legs are carefully massaged to improve circulation allowing a powerful sense of wellbeing. This energising, stimulating therapy will rebalance your energy levels and reactivate your senses.

Cryo Lipoliss Anti Cellulite Therapy

60m, 140€

Draining, firming, toning

A specialised treatment designed to stimulate the body's system and target areas of fluid retention, cellulite and uneven skin tone. Using massage and lymphatic drainage techniques the legs are massaged to restore circulation and a firming and detoxifying mask is applied to relieve blockages and tone the skin. A course of treatments is recommended.

Glowing Mother to Be

1h25m, 140€

Pampering, rejuvenating, radiance

A relaxing, unwinding therapy, targeting areas of aches and pains and rejuvenating the face and body to give ultimate radiance back to the skin. Your body will be supported and caressed by soft cushions whilst your therapist massages your back, neck and shoulders. Followed by a sublime facial treatment, combining a foot and leg massage to alleviate achy, heavy and tired legs.

Exclusive Body Wrapping

Red Grape Firming Body Wrap

65m, 130€

Relaxing, toning, anti-oxidant

This pampering body rejuvenation will regenerate the skin to its best. An invigorating body scrub is followed by a luxurious red wine firming body mask while you drift away with a wonderfully soothing scalp massage... The natural anti-oxidant benefits of this treatment will enhance body drainage, maximise hydration, plump and smooth to perfection, while nurturing your body in a cloud of wellbeing.

Detoxifying Spirulina Wrap

65m, 130€

Invigorating, energy boosting

A detoxifying, slimming and energy boosting treatment, this envelopment begins with gentle exfoliation to boost circulation combined with seaweed extracts to harness the powerful cleansing and re-mineralising benefits of the ocean. This natural seaweed re-metabolises the body to efficiently kick start and maintain the elimination of toxins and waste. An essential body treatment to support a detox or weight management programme.

Hydra-Intense Wrap Experience

65m, 130€

Soothing, re-hydrating, healing

An ultra moisturising and hydrating body envelopment designed to recondition dry, dehydrated or sun damaged skins. This treatment begins with a full body exfoliation and scalp massage followed by an application of hydrating mask combined with rich treatment oils packed with nutrients. A perfect full body thirst quencher for tired sensitive skin.

Classic Messages

De-Stress Phyto-Aromatic Massage

25m, 65€

55m, 125€

1h15m, 150€

A totally bespoke, made to measure body massage using a warm nourishing Anne Semonin Oil of your choice. This wonderful treatment induces deep relaxation. It's designed to stimulate blood circulation and relieve key areas of tension.

Body Fitness Phyto-Aromatic Massage

25m, 75€

50m, 140€

1h10m, 160€

This body Fitness massage aims at the deeper tissue structures of the muscle and fascia, using many of the same movements and techniques as the De-Stress massage, but with more intense pressure. It is also a more focused type of massage, as the therapist works to release chronic muscle tension or knots.

Stress Relief

45m, 110€

This soothing massage was custom - designed to reduce tension from your body. Targeting specific muscles, your therapist will apply pressure, concentrating on your back, shoulders, neck & scalp reducing built up stress from your every day life.

Pregnancy Massage

50m, 120€

Nurture your body at this precious time with a specially designed therapy to treat muscle aches, reduce fluid and imbue total rejuvenation of the body. This pregnancy specific massage is a seamless pleasure melting away fatigue and revealing a radiant you.

Special Messages

Hot Stones Massage

1h20m, 160€

Heated black basalt stones are used to massage the whole body releasing deep seated tension ideal for anyone suffering with muscular aches and pains. Working at relieving stress at the deepest level this treatment is designed to work on the body's energy channels. This intensive exceptional treatment is a holistic and relaxing therapy for the mind, body and spirit.

Four Hands Massage

1h15 m, 200€

A sublime massage experience from the shores of French Polynesia to ease away stress and strains from daily life. The traditional flowing and soothing movements lull you into a deep state of peace and tranquility, as soft palms and forearms remove tension from tight muscles. This unique, healing massage offers two massage therapists working with intuition and expert skill in complete synchrony to restore your energy and strengthen you health and wellness.

Shiatsu & Thai Massage Combined Techniques

75m, 165 €

A unique combination of ancient Thai and Japanese techniques, created exclusively for MySpa guests. A free flow of energy is restored through compressions, pressure on specific points and stretches to release blockages.

Regain Your Power

55m, 140€

Specially designed massage right after your sporting activity. Your therapist will use massage treatments and stretching techniques on all the muscles worked, restoring their elasticity and strength, achieving maximum restoration of your body's functionality.

Junior Spa Menu

The Junior Spa Menu offers a selection of spa treatments for our guests aged 12 or over. These wonderful treatments ensure that adult visitors can enjoy their spa day without being interrupted by their young children who will also be enjoying a little spa treatment of their own.

My Glamorous Manicure

25€

Complete your holiday look with a fab make-over for your hands. Nail buffering, nail polish and to finish a massage with the luxurious Anne Semonin Hand Cream.

My Perfect Pedicure

30€

Give your feet a toe tingling holiday treat too. Enjoy a footbath with Southern Sea Ocean Oil, followed by nail buffering, nail polish and completed with a Botanical Body Milk massage.

My Fantastic Facial

25m, 40€

All the sun and tanning lotions can be harsh on young skin, so treat your face to a little TLC – and get a hand or foot massage while it all happens!

My So Soothing

Neck & Back Massage

25m, 50€

After a hard day on the beach enjoy a soothing neck & back massage with the new AS Botanical Body Oil – Anti Oxidant and Vitamin (massage using Anne Semonin's Vitamin Rich Body Oil, essential-oil free and rich in anti-oxidants).

My Favourite Massage with Mum/Dad

25 min, 100 €

Make your way to Sani Beach My Spa for the perfect side-by-side relaxing neck& back massage.

My Dreamy Body Peeling

30m, 50€

Holidays are all about chillin' out, so take things very easy with this ultra relaxing and soothing body exfoliation. Body peeling: Nude Body Scrub/Exotic Verbena Shower Gel, Finish: Botanical Body Milk

Spa basics

As we believe in total beauty, we want to ensure that your nails and hair receive the same special pampering, for a complete, healthy and well-maintained look.

Hand & Foot Beauty

Moisturizing Hand Ritual with Manicure

65€

A softening hand treatment includes a manicure followed by a luxurious southern sea ocean hand bath and a gentle exfoliating mask with warmed aromatic oils and sea salt.

Regenerating Foot Ritual with Pedicure

75€

This conditioning foot treatment includes a pedicure followed by an activating mountain oil foot soak and a nourishing exfoliating mask with warmed aromatic oil and sea salt, for revitalized and perfectly groomed feet.

Manicure	45€
Kure Bazaar Organic Manicure*	55€
Pedicure	55€
Kure Bazaar Organic Pedicure*	65€
Shellac Manicure	65€
Shellac Pedicure	75€
File and Polish	15€
Kure Bazaar Organic File and Polish*	25€
Remove Shellac	15€
Remove Gel	20€

**Kure Bazaar is the leading nail varnish of a new generation; combining the ethics of a new, environmentally friendly formula with the vibrant colors of Paris fashion. Enjoy an organic manicure/pedicure with your favorite color and take it home with you as a gift at the end of the treatment.*

*** French manicure or pedicure upon request with an additional charge of 5€*

Waxing

Eyebrow shape	15€
Upper lip wax	15€
Under arm wax	20€
Full arm wax	25€
Half Leg Wax	35€
Full Leg Wax	45€
Bikini Line Wax	20€
Chest Wax	30€
Back Wax	35€

Beauty Corner

Offering Anne Semonin and Jane Iredale
Cosmetics

Hair Salon by **YIANNI** HAIR SPA Tel. 8496

Female Haircut	40€
Male Haircut	35€
Child's Haircut	25€
Hair Styling	from 40€
Hair Spa Treatment	35€
Coloring	from 55€
Highlights	from 80€

How to spa... and a few other things!

To help you enjoy your visit at My Spa... For your convenience, we have compiled answers to common questions you may find helpful in choosing the type of treatments that best meet your individual needs.

Spa policies

Should I make a reservation in advance?

Yes, and it is best to do so upon or prior to your arrival at the resort to ensure availability.

Who can guide me in choosing my treatment?

Our spa concierge can assist you in planning the perfect spa experience, including the best sequence for your treatments.

What is the Cancellation policy?

Out of consideration for all guests, a minimum of 24 hours notice is required to cancel or reschedule. Cancellation or time change within this time will result in a 50% fee being charged. "No show" appointments are charged at full price of the treatment booked.

Is there a service charge?

No service charge or gratuity is added to your bill; they are of course appreciated, however it is left at your discretion as a reflection of service quality.

What about payment for spa services?

We accept all major credit cards. You may also charge spa services to your hotel bill. For your convenience, payment is also accepted prior to your treatment.

What if I am late for my appointment?

Arriving late will simply limit the time available for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed. The full value of your treatment will be charged.

May I bring my child to the spa?

We regret that children under the age of 16 years are not able to use the spa facilities however we do offer a Junior Spa menu for children aged 12-16.

Health questions

What if I am pregnant?

Certain treatments should be avoided during pregnancy. If you are pregnant, please notify our spa concierge when you make your appointment so they can offer guidance. Furthermore, some treatments may require a doctor's authorisation.

What if I have special health considerations?

Please notify our spa concierge before scheduling your treatments if you have high blood pressure, allergies, any other physical ailments or disabilities, if you are on any medication, or if you are pregnant. If you have any concerns at all, please let us know. If at any time during your treatment you experience discomfort, please alert your therapist immediately.

Upon arrival

How to enjoy your treatment?

This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify us of any discomfort or preferences.

Prior to arrival

When should I arrive?

For your comfort and relaxation, we suggest that you arrive 45 minutes before your scheduled treatment. This will allow you to relax in our lounge and use the Thermal Experience. Should you not wish to use the Thermal Experience please arrive 15 minutes before your treatment to complete our spa consultation form.

What will I wear?

Please arrive showered, wearing your robe and slippers supplied in your room. If necessary a robe, towel, slippers, shower facilities and secured locker will be provided. Swimming costumes are required to be worn in the Thermal Experience. Nudity is not permitted.

What should I wear during my treatment?

You will be provided with disposable underwear. During all treatments, the body is fully covered, except for the area being treated. Before and after you treatment, robes and slippers are provided.

What about my jewellery?

Jewellery and valuables should not be brought to the spa. If you are a hotel guest, please leave valuable items in the safe in your room. The hotel does not assume liability for any valuables left in the spa.

Spa etiquette

Our Spa environment is one of tranquillity and relaxation. Please respect other guests' right to privacy and serenity by not using your mobile phone or pager. Smoking is prohibited throughout the spa.

Spa services

Are gift certificates available from MySpa

Beautifully presented Anne Semonin Spa gift vouchers are the perfect gift for any occasion. For your convenience gift vouchers may be ordered by phone and will be dispatched the same day.

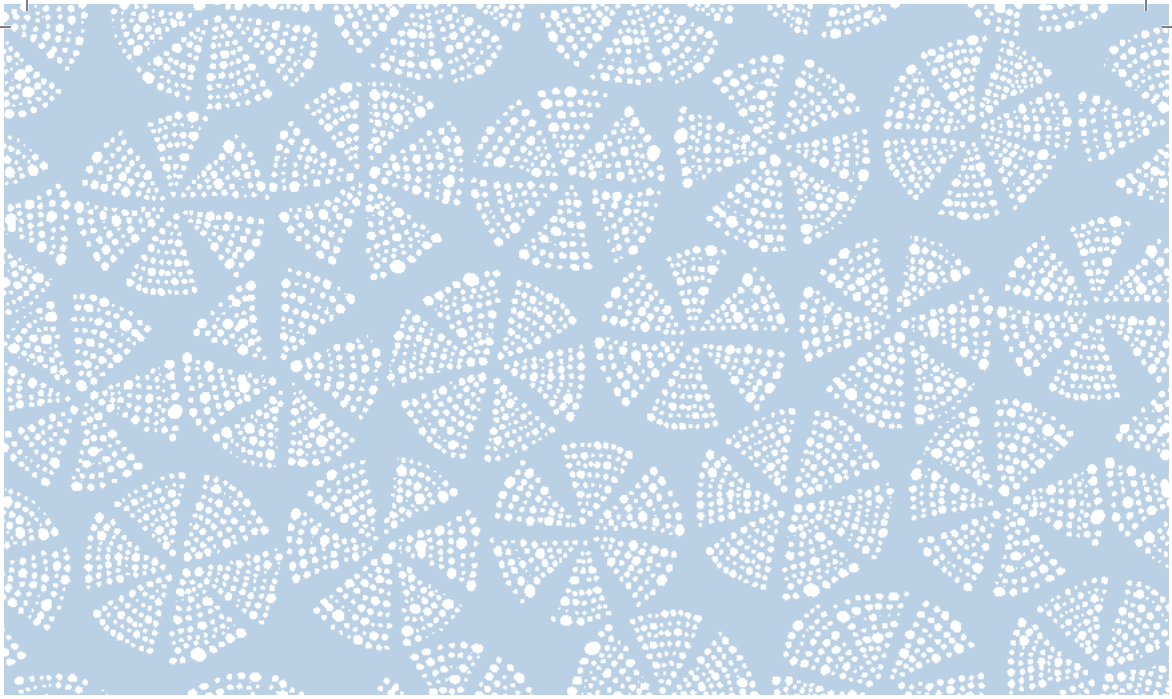
Opening hours

Every day from 8am to 8pm
Spa treatments hours from 9am.
Last treatment ends at 19.45pm

Spa contact

Internal: 8490
External: +30 23740 99490

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