



PORTO

SANI

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THE SPA SUITE



The Spa Suite by Anne Semonin

The Anne Semonin treatment collection combines a superb blend of aromatic essential oils and marine ingredients with the classic French touch and a holistic approach to treating the individual needs of your body and skin. Anne Semonin treatments are designed to be "tailor-made" and are focused towards maximum comfort, absolute luxury and outstanding results.

Because each individual is unique, L' Experience Anne Semonin allows your therapist to personalise and blend a synergy of essential oils and trace elements to suit your skin condition and needs. These bespoke treatments will not only revitalise the skin but energise and balance the mind and spirit providing total relaxation.

Immerse yourself into the tranquil world of the Spa Suite by Anne Semonin, rediscover your senses and emerge relaxed, recharged and glowing.

Sani Signature Sun Prep Therapy

Sun Defence Facial 50m, 95€

Sun Defence Face
and Body Treatment 55m, 120€
Protecting, age preventing, tan-preparing

Prevention is one of the most precious gifts you can offer your skin. Prepare your skin before sun exposure with these specially developed Anne Semonin sun defence treatments. As a result your skin will develop a gradual, even and long lasting tan and its youthful appearance will be prolonged.

Sani Signature After Sun Bliss

Recovery Facial treatment 50m, 95€

Ultra Hydrating Face
and Body treatment 55m, 120€
Calm, comforting, restoring

Too much fun in the sun? Quench your skin with this revitalizing, youth-preserving moisture treatment. This Anne Semonin After Sun remedy helps soothe and prepare skin for its next exposure to the sun, thanks to the nourishing natural Macadamia Nut Oil and Vitamin E found in the Anne Semonin Phytarosa serum. The result is smooth, soft skin while the bronze-boosting Beta Carotene extract stimulates the tanning process to preserve your golden glow.

From Paris With Love

1h 25m, 180€

This treatment begins with an invigorating back cleanse to exfoliate and smooth the skin. A soothing back, neck and scalp massage then follows this wonderfully relaxing therapy designed to relieve key areas of tension and muscle tightness. Combined with the Made to Measure Facial the result is rehydrated, nourished and protected skin and an overall sense of calm and harmony. Finish with a wonderful pressure point foot and leg massage making this a fabulous top to toe experience.

Natural Lifting Massage

"Rejuvance"

45m, 95€

Rejuvance Massage is a new massage technique that rejuvenates the face, improves circulation while providing a deep relaxation of the body and mind. It is a natural face lifting that relieves tension from the muscles of the face, the neck, the scalp and the shoulders. It acts directly to the connecting tissue, reinstating its elasticity and flexibility. Small wrinkles are softened while headaches and the tightness in the neck and shoulders disappears in few sessions.

Polynesian Massage Escape

1h 15m, 200€

A sublime four-hands massage experience from the shores of French Polynesia to ease away the stress and strains of everyday life. The traditional flowing and soothing movements lull you into a deep state of peace and tranquility, as soft palms and forearms remove tension from tight muscles. This unique healing massage is performed by two massage therapists working with intuition and expert skill in complete synchrony to restore your energy and strengthen your health and wellness.

Anne Semonin Parisian Ceremony

2h, 195€

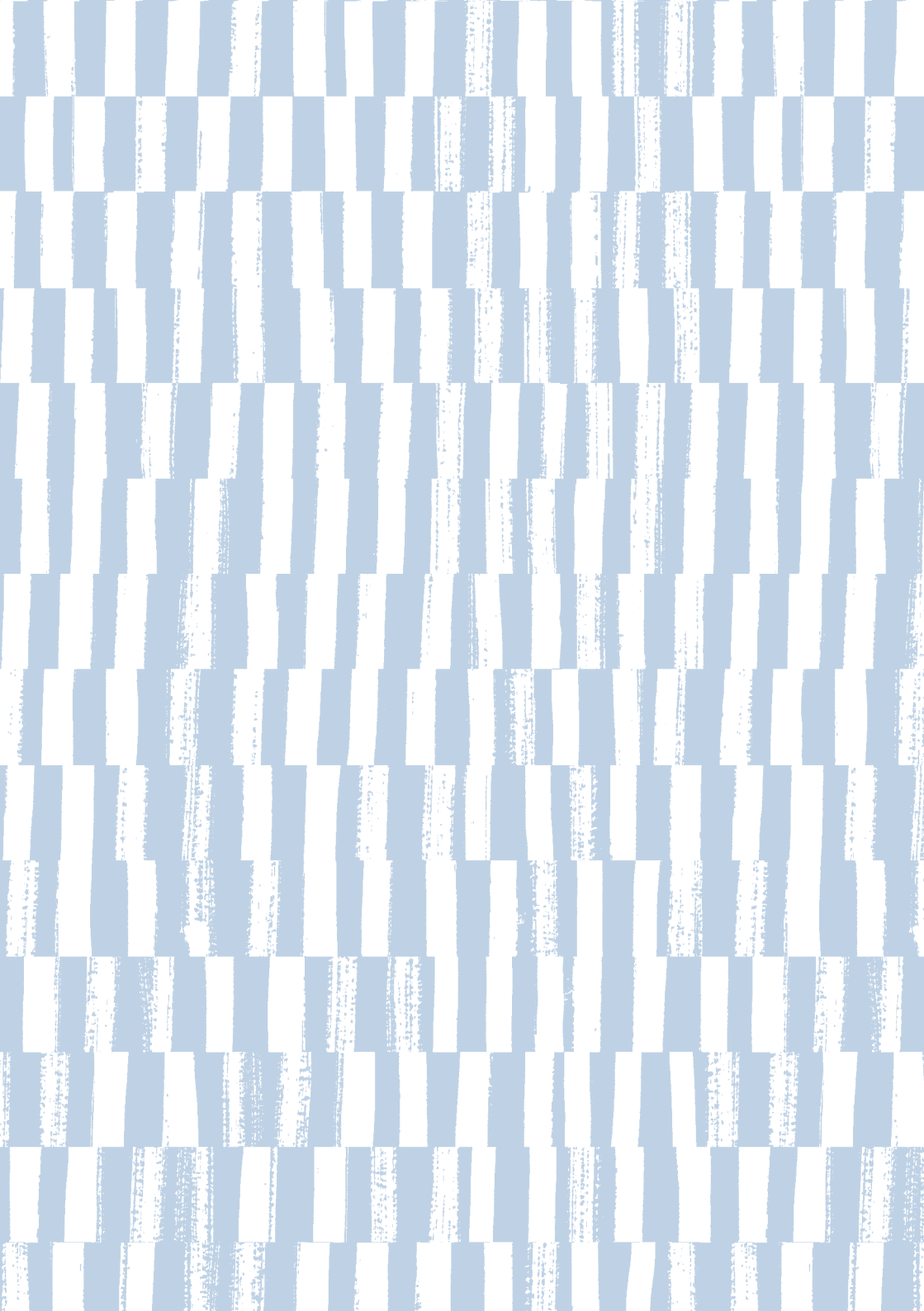
The ultimate treatment to help you relax and unwind... a journey from beginning to end. You will be invigorated with a body exfoliation using natural sea salts to completely polish your body to perfection, concluding with a full body massage, using made to measure products, to suit your individual needs. Choose from one of the following:

Detoxifying

This experience is tailored to firm loose, slack skin tissue by using powerful spirulina seaweeds and essential oils of ylang ylang, Geranium and Tea tree to help toning and tightening.

Ultimate nourishing

This experience is balancing, relaxing, and nourishing. Hydrate and moisturise your body with our Pink Kaolin envelopment to surge the skin with moisture blended with a powerful concentrated Lavender and Mandarin peel to soften and repair.



Marine Mineral Purifier

1h 20m, 160€

Deep cleansing, decongesting, remineralising

Traditional steam and extraction techniques combined with the power of marine elements making this a deeply purifying treatment. The advanced Anne Semonin peel off mask, with the highest concentration of minerals and algae, leaves the skin instantly calmed, decongested and silky smooth.

Ultimate Skin Renew

1h, 110€

Peeling, rejuvenating, smoothing

This medically inspired therapy brings together the gentle peeling action of micronised peeling powder with a deeper exfoliation using a magic resurfacing complex. Together the non-irritant formula softens visible imperfections on the skin's surface, such as pigmentation and spots and diminishes wrinkles. Luxurious yet powerful, when used regularly, this treatment is truly the ultimate transformation for visibly younger and more radiant skin.

Cryo-Time Freeze

1h, 120€

Immediate radiance, toning, luminous

A flawless skin brightening experience, this facial uses the age defying effects of cryotherapy with our Active Serum to reinforce the skin's firmness at a cellular level. Complemented by a neurocosmetic containing Wild Indigo this refreshing treatment stimulates the release of B-endorphins, flooding the body with a total sense of well-being.

Precious Pearl Ultra Lift

1h 25m, 165€

Anti-ageing, regenerating, radiance

This ultimate wrinkle-fighting facial will restore the skin's lack of firmness and tone leaving your skin and face contours in top condition. This brand new treatment includes a series of comprehensive lifting and drainage massage techniques that are a godsend for those suffering from tight facial muscles and a tired complexion. The perfect remedy for mature lacklustre skin.

Ultimate Experience Age Protect

1h 20m, 160€

Nourishing, revitalising, revealing radiance

A ritual that delivers an experience as individual as you. Bespoke blending of aromatic essences and trace elements combine with a tailored eye, face and décolleté treatment to perfectly balance, hydrate and revitalise, while offering the ultimate in skin protection. Unsurpassed at revealing the skin's true radiant beauty, it is the complete treatment, designed to address your every need.

Tailor Made Facial

50min, 120€

The heart of Anne Semonin's philosophy! Because everyone's skin is unique this phytoaromatic facial will be tailored to you to achieve the best possible results. It includes deep cleansing, exfoliation, a detoxifying facial drainage, and specially selected mineral complexes, serums and masks to effectively meet the needs of your skin and offers the ultimate solution to regain comfort, suppleness and glow.

Exquisite Miracle Eyes

30m, 60€

Brightening, de-stressing, refreshing

An exquisite treatment specifically designed for the delicate eye area brings together a unique combination of contour masks and specialised lymphatic massage, ideal for reducing the signs of ageing and melting away stress. Cryotherapy ice cubes diminish puffiness and refresh the eyes. Finally, a divine application of miracle eye cream completes this total eye care experience.

Sublime Radiance Express

30m, 60€

Refreshing, firming, healthy look

Suitable for everyone, this clever combination of cleansing, exfoliating and a mask allows even the busiest person to achieve a look of instant freshness. The fast effective results leave skin hydrated, soft and radiating health.

CACI Anne Semonin Non-Surgical Face Lift

1h, 120€

1h 30m, 170€ *(included an express Anne Semonin facial treatment)*

An intense, non-surgical face-lifting treatment using Anne Semonin serums and actives for amazing anti-ageing results. Perfect for mature complexions or those affected by environmental factors, CACI offers a proven and tested method for reducing expression lines and accelerating collagen regeneration. For optimal effect we recommend 2-3 treatments a week.

Aroma Energiser

25m, 70€ · 50m, 140€ · 1h 20m, 165€

Energising, tension releasing

The exotic, warming aroma of ginger stimulates and uplifts the senses. Enriched with vitamin E this delightfully nourishing oil is perfectly merged with classic deep tissue and stretching techniques to enliven the senses and release tension in the muscles.

Pure Rejuvenation

25m, 65€ · 50m, 125€ · 1h 20m, 155€

Protecting, regenerating, smoothing

Designed to deliver a flawless marriage of protective treatment and pure relaxing care. Long, rhythmic strokes glide across the entire length of the body while the Omega 3 and 6 found in cranberry and vitamins A & E from olive oil penetrate the skin deeply achieving maximum skin regeneration.

Vital Detox

50m, 120€ · 1h 20m, 150€

Detoxifying, stimulating, draining

The sublime synergy of lemongrass and peppermint is infused into your body using specialised lymphatic massage techniques to effectively release toxins and stimulate circulation. This improves drainage and leaves the body feeling light and refreshed.

Relax and Renew

25m, 65€ · 50m, 125€ · 1h 20m, 155€

De-stressing, unwinding, restoring

Hazelnut and sesame form a rich base of oils to facilitate the slow, flowing movements of this ultimate body de-stress therapy. The lavender and mandarin infused oil permeates the skin easily releasing stored tension from deep within the muscles completely unwinding the entire body.

Volcanic Thermal Stones

Massage

1h 15m, 160€

Relaxing, warming, powerful

Muscles yield to the gentle yet powerful warmth of the black basalt stones, releasing tension and imbuing a total sense of relaxation. The heated stones, infused with centuries of ancient energy are skillfully combined with the perfect blend of essential essences designed to stimulate the senses and unwind both body and mind.

Thai Massage

1h 15m, 170€

Energising, increasing flexibility

This traditional therapy is designed to energise, stimulate and completely alleviate tight and stressed muscular aches and pains. Your therapist uses his or her hands, knees, legs and feet to move you into a series of yoga-like stretches. Muscle compression, joint mobilisation and acupressure are also used during this treatment.

Indian Head Massage

45m, 115€

Deeply relaxing, relieving

Indian Head Massage is a valuable technique for combating stress and loosening tension in the shoulders, neck and head. It relaxes the mind, controls excess energy and allows you to focus. Working up the spine and over the head will send messages from the brain to relieve mental and physical tiredness and rebalance energy flow.

Anne Semonin Top to Toe Treatment

2h, 200€

A synergy of heat and cold is the essence of this truly exceptional experience combining a relaxing back therapy and anti-ageing facial. The creamy, rich mixture of self-heating clay and algae melts away deep-seated tension throughout the back of the body while the feet and legs are massaged. The senses are further stimulated with an advanced cryotherapy facial, using the Anne Semonin Express Radiance ice cubes infused with powerful ingredients to support the skin at a cellular level, as the whole body experiences a rush of complete well being.

Glowing Mother to be

1h 30m, 150€

Pampering, rejuvenating, radiance

Nurture your body at this precious time with a specially designed therapy to treat muscle aches, reduce fluid and imbue total rejuvenation of the face and body. The pregnancy specific massage and tailored facial combine into one seamless pleasure melting away fatigue and revealing a radiant you.

Scrub and Massage Ritual

1h 20m, 160€

Exfoliating, nourishing, soothing

The ultimate exfoliating experience using the amazing Nude Body Scrub. A luxurious blend of sea salt, white sand, pink quartz crystal powder and aromatic oils actively sweeps away dead skin cells, leaving skin wonderfully soft, silky, detoxified and youthfully radiant. The warming elements of the Scrub create a sense of wellbeing and elevate the spirits. Aromatic oils are applied all over the body to deeply nourish, soften and re-mineralise the skin, followed by a revitalising exfoliation. This therapy concludes with an Haute Couture full body massage to awaken your senses.

Back, Face and Scalp Revitaliser

55m, 120€

De-stressing, balancing, recharging

Beginning with a relaxing back therapy, body and mind are immediately de-stressed. A unique facial treats the skin's specific needs as the scalp is massaged, unravelling tensions and leaving the skin exuding health.

Anti-Fatigue Back Remedy

55m, 130€

Tension releasing, restoring back therapy

An exceptional therapy created to alleviate tension stored in the back, neck and shoulders and reduce fatigue. The exquisite combination of heat, minerals and oils begins with a generous application of a self-heating mineral mud mask to release any stiffness and stress in the muscles. This is followed by a bespoke massage with blended oils just right for your needs. Both energising and relaxing, this treatment leaves the whole body with a complete sense of well-being.

Feet And Legs Massage Ritual

50m, 110€

Renewing energy levels

Following a self-heating, slightly bubbling foot mask, this foot massage will stimulate the reflex zones and thus the whole body. This therapy is completed by a relaxing shoulder, neck and hand massage.

Aromatic Body Scrub

30m, 70€

Moisturizing, nourishing, soothing

An express exfoliation with the Nude Scrub or the Sea Salt Scrub, leaving skin delightfully soft, smooth and hydrated. The warming and nourishing qualities of these scrubs ensure a soothing experience and visible results.

Pure Detox Wrap Experience

60m, 130€

Detoxifying, purifying, uplifting

Wrap your body in a cocoon of Spirulina micro-algae to stimulate toxin release and purify the skin. A scrub of sea salt combined with uplifting lemongrass and peppermint body oil, prepares the skin for the green algae and laminaria body mask, rich in iodine and powerful marine elements. Together these dynamic ingredients purify, energise and help inch loss.

Hydra-Intense Wrap Experience

55m, 125€

Soothing, re-hydrating, healing

A wonderfully gentle treatment suitable for even the most sensitive of skins. Choose from antioxidant or relaxing oil blended with the delicate Noirmoutier Sea Salt and enriched with marine minerals to exfoliate and nourish. An envelopment hydrating mask encases the body replenishing nutrients as it instantly heals and hydrates.

Silhouette Re-sculptor

1h 25m, 160€ (full treatment)

1h 10m, 140€ (excluding exfoliation)

Anti-cellulite, firming, toning action

The Sea Lotus extract, an innovative scientific discovery, holds the secret to smoother skin. A unique exfoliation is followed by an inspired combination of Lipoliss anti-cellulite gel and a stimulating massage to target specific areas of fatty tissues. The energising abdominal massage and body-contouring mask further eliminate toxins that contribute to cellulite formation, resulting in smooth and velvety soft skin.

Red Grape Firming Body Experience

1h, 125€

Anti-Ageing body cocooning

This pampering body rejuvenation will regenerate your skin to its best. An invigorating body scrub is followed by a nourishing and anti-ageing body mask while you drift away with a wonderfully soothing scalp massage. The natural anti-oxidant benefits of this treatment will enhance body drainage, maximize hydration, plump and smooth to perfection while nurturing your body in a cloud of wellbeing.

Spa for Two

1h 30m, 155€ (*price per person*)

Relax together in the privacy of your own VIP Suite. Enjoy the warmth of the Steam Room to release tension before you drift away with an Anne Semonin Made to Measure massage where your therapist will blend a unique mix of Phyto-Aromatic oils to suit your needs.

Drift Away Face and Body Treat

2h, 175€ (*price per person*)

The ultimate in relaxation: This treatment starts in the warmth of the private Steam Room before you drift away for an hour and half of Anne Semonin therapies. A Made to Measure 55-minute full body massage with your favorite Botanical Body oil to soothe, relax, restore or detox followed by a unique express facial to replenish and hydrate the skin.

Just the Two of Us

2h 25m, 240€ (*price per person*)

This pampering body rejuvenation couples' ritual will regenerate the skin to its best. An invigorating body scrub is followed by a nourishing and anti-ageing body mask while you drift away with a wonderfully soothing scalp massage. This therapy concludes with a Haute Couture full body massage to re-awaken your senses. The naturally anti-oxidant benefits of this treatment will enhance body drainage, maximise hydration, plump and smooth to perfection, while nurturing your body in a cloud of wellbeing.

Little Miss "Petit Mani"

25m, 25€

Complete your holiday look with a fab make-over for your hands. Nail buffering, nail polish and to finish a massage with the luxurious Anne Semonin Hand Cream.

Little Miss "Petit Pedi"

30m, 30€

Give your feet a toe tingling holiday treat too. Enjoy a foot bath, followed by nail buffering, nail polish and completed with a Botanical Body Milk massage.

My So Soothing Neck and Back Massage

25m, 50€

After a hard day on the beach enjoy a soothing neck & back massage with the new AS Botanical Body Oil – Anti Oxidant and Vitamin (massage using Anne Semonin's Vitamin Rich Body Oil, essential-oil free and rich in anti-oxidants).

My Fantastic Facial

25m, 40€

All the sun and tanning lotions can be harsh on young skin, so treat your face to a little TLC – and get a hand or foot massage while it all happens!

Cleansing: Anne Semonin Botanical Milk & Botanical Toner (or Oligo-Cleansing Gel)

Peeling: Anne Semonin Exfoliating Mask

Mask: Anne Semonin Cream Mask

Finish: Anne Semonin Marine Emulsion & Tissue Serum if sensitive.

My Favourite Massage with Mum/Dad

25m, 100€

Make your way to Porto Sani Spa Suite for the perfect side-by-side relaxing neck & back massage.

My Dreamy Body Peeling

30m, 50€

Holidays are all about chillin' out, so take things very easy with this ultra relaxing and soothing body exfoliation.

Body peeling: Nude Body Scrub / Exotic Verbena Shower Gel

Finish: Botanical Body Milk

Hands and feet

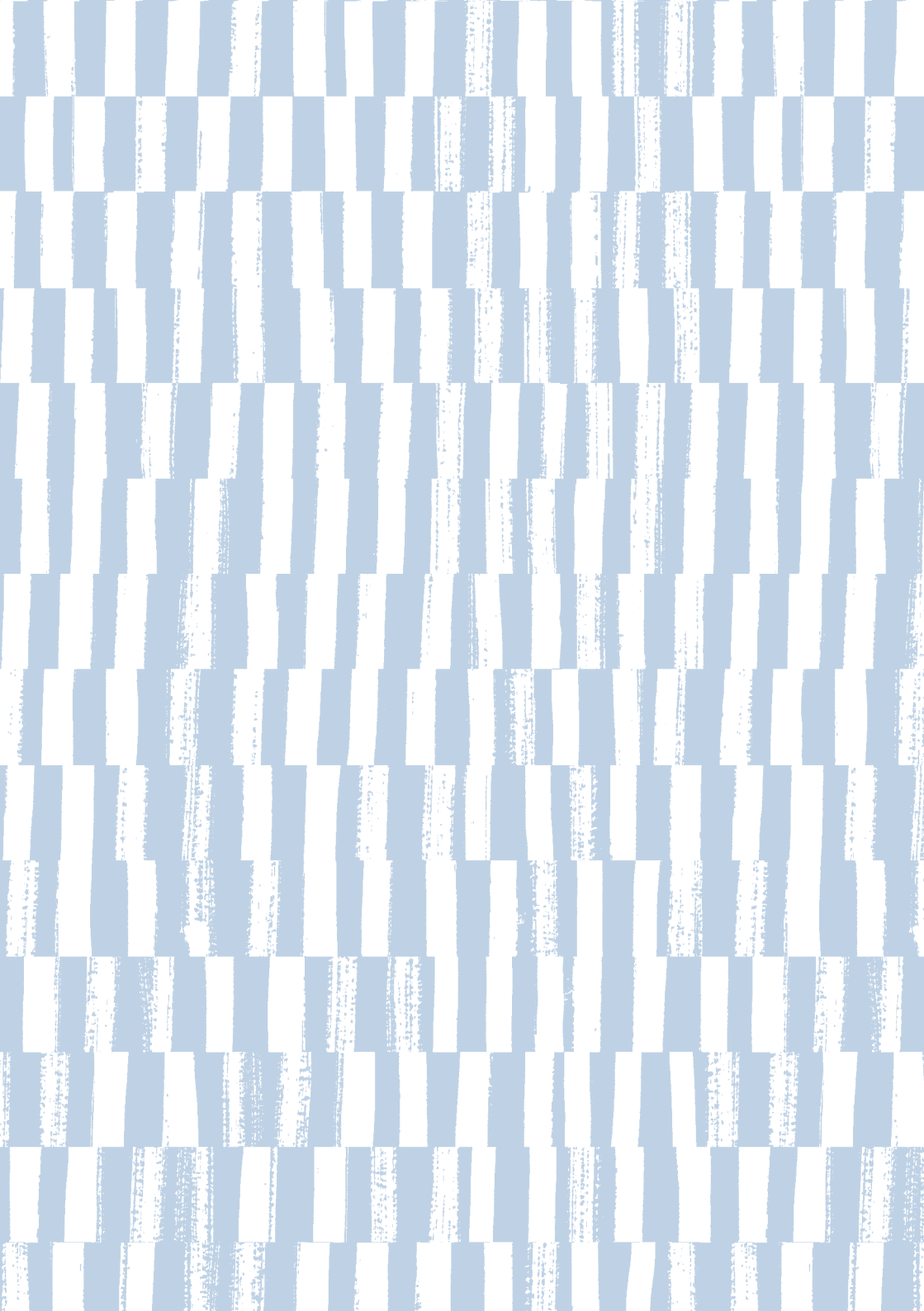
Manicure	45€
<i>French Manicure</i>	50€
Pedicure	55€
<i>French Pedicure</i>	60€
Shellac & manicure	65€
Shellac & pedicure	75€
Hand shellac colouring	35€
Feet shellac colouring	35€
French shellac & manicure	70€
Remove shellac	15€
File and Polish	15€
<i>Your nails are filed and shaped followed by application of your favourite nail polish</i>	

Waxing

Eyebrow shape	15€
Upper lip wax	15€
Under arm wax	20€
Full arm wax	25€
Bikini Line Wax	20€
Bikini Wax	35€
Half leg wax	35€
Full leg wax	45€
Chest wax	30€
Back wax	35€

Hair Salon by **YIANNI**
Tel. 8221 HAIR SPA

Female Haircut	35€
Male Haircut	30€
Hair Styling	from 35€
Hair Spa Treatment	30€
Coloring	from 55€
Highlights	from 80€



Spa policies

Should I make a reservation in advance?

Yes, and it is best to do so upon or prior to your arrival at the resort to ensure availability.

Who can guide me in choosing my treatment?

Our spa concierge can assist you in planning the perfect spa experience, including the best sequence for your treatments.

What is the Cancellation policy?

Out of consideration for all guests, a minimum of 24 hours notice is required to cancel or reschedule. Cancellation or time change within this time will result in a 50% fee being charged. "No show" appointments are charged at full price of the treatment booked.

Is there a service charge?

No service charge or gratuity is added to your bill; they are of course appreciated, however it is left at your discretion as a reflection of service quality.

What about payment for spa services?

We accept all major credit cards. You may also charge spa services to your hotel bill. For your convenience, payment is also accepted prior to your treatment.

What if I am late for my appointment?

Arriving late will simply limit the time available for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed. The full value of your treatment will be charged.

May I bring my child to the spa?

We regret that children under the age of 16 years are not able to use the spa facilities however we do offer a Junior Spa menu for children aged 12-16.

Health questions

What if I am pregnant?

Certain treatments should be avoided during pregnancy. If you are pregnant, please notify our spa concierge when you make your appointment so they can offer guidance. Furthermore, some treatments may require a doctor's authorisation.

What if I have special health considerations?

Please notify our spa concierge before scheduling your treatments if you have high blood pressure, allergies, any other physical ailments or disabilities, if you are on any medication, or if you are pregnant. If you have any concerns at all, please let us know. If at any time during your treatment you experience discomfort, please alert your therapist immediately.

Upon arrival

How to enjoy your treatment?

This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify us of any discomfort or preferences.

Prior to arrival

When should I arrive?

For your comfort and relaxation, we suggest that you arrive 45 minutes before your scheduled treatment. This will allow you to relax in our lounge and use the Thermal Experience.

Should you not wish to use the Thermal Experience please arrive 15 minutes before your treatment to complete our spa consultation form.

What will I wear?

Please arrive showered, wearing your robe and slippers supplied in your room. If necessary a robe, towel, slippers, shower facilities and secured locker will be provided. Swimming costumes are required to be worn in the Thermal Experience. Nudity is not permitted.

What should I wear during my treatment?

You will be provided with disposable underwear. During all treatments, the body is fully covered, except for the area being treated. Before and after your treatment, robes and slippers are provided.

What about my jewellery?

Jewellery and valuables should not be brought to the spa. If you are a hotel guest, please leave valuable items in the safe in your room. The hotel does not assume liability for any valuables left in the spa.

Spa etiquette

Our Spa environment is one of tranquillity and relaxation. Please respect other guests' right to privacy and serenity by not using your mobile phone or pager. Smoking is prohibited throughout the spa.

Spa services

Are gift certificates available from The Spa Suite?

Beautifully presented Anne Semonin Spa gift vouchers are the perfect gift for any occasion. For your convenience gift vouchers may be ordered by phone and will be dispatched the same day.

Facilities

Fitness studio

Including contemporary Cardio fitness facilities. Yoga, Pilates programs and personal training are available to book through "The Spa Suite" reception.

Indoor swimming pool

With jacuzzi & hydro Jets.

Relaxation area with tisannerie thermal suite

Comprising of hammam, rasul and sauna

Hair salon

By Yanni hair spa

Nail salon

Beauty corner

Offering Anne Semonin products

Deli spa bar

Serving healthy natural drinks

Opening hours

Open every day 8am – 8pm

Treatments available from 9am – 19.45pm

Spa contact

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