



THE SPA SUITE

ANNE SEMONIN
PARIS

THE SPA SUITE BY ANNE SEMONIN

The Anne Semonin treatment collection combines a superb blend of aromatic essential oils and marine ingredients with the classic French touch and a holistic approach to treating the individual needs of your body and skin. Anne Semonin treatments are designed to be “tailor-made” and are focused towards maximum comfort, absolute luxury and outstanding results.

Because each individual is unique, L' Experience Anne Semonin allows your therapist to personalise and blend a synergy of essential oils and trace elements to suite your skin moment and needs. These bespoke treatments will not only revitalise the skin but energise and balance the mind and spirit providing total relaxation.

Immerse yourself into the tranquil world of the Spa Suite by Anne Semonin, rediscover your senses and emerge relaxed, recharged and glowing.

SIGNATURE COLLECTION

Enter the tranquil world of the Spa Suite and begin all signature therapies with an aromatic flower and Herbal foot bath. Combining the finest Greek natural essence of enriching sea salts with the healing and restoring benefits of warmed aromatic Greek oils, be transported on a journey of total relaxation and bliss.

Sani Royal Experience

2 h 30 min / 200 €

Commencing with a back neck and shoulder massage to truly relax and unwind, you will then experience the ultimate facial treatment. Warmed essential oil complexes and Greek aromatic oils are used during this luxury experience treatment of the back, face and scalp to soothe, replenish, and repair. The ultimate "made-to-measure" facial combined with the intensive eye brilliance and décolleté treatment will leave skin hydrated, lifted and firmed. Soothe and unwind with the anti-stress back therapy to experience the ultimate in relaxation.

Sani Anti Cellulite - Detoxifying Ritual

1 h 45 min / 150 €

Rejuvenate with a full body exfoliation combining Sea Salts with the wonderful aromas of Lavender, Mandarin and Basil. A specialised treatment designed to stimulate the body's system and target areas of fluid retention, cellulite and uneven skin tone. The use of Cinnamon, Cedar, Rosemary and Ginger are massaged into the legs and feet to restore circulation and a firming and detoxifying mask is applied to relieve blockages and tone the skin. A course of treatments is recommended.

Sani Couples Escape - Polynesian Four Hands Massage

1 h 15 min / 250 €

A sublime massage experience from the shores of French Polynesia to ease away stress and strains from daily life. The traditional flowing and soothing movements lull you into a deep state of peace and tranquillity, as soft palms and forearms remove tension from tight muscles. This unique, healing massage offers two massage therapists working with intuition and expert skill in complete synchrony to restore your energy and strengthen you health and wellness.

ANNE SEMONIN HAUTE COUTURE FACIAL COLLECTION

L'Experience Anne Semonin Face, Eyes and Décolleté

1 h 20min / 130 €

Encounter the ultimate bespoke facial incorporating a client-specific intensive eye and décolleté treatment. Aromatic complexes and serums will boost cellular renewal whilst a firming algae mask will detoxify for absolute skin radiance. This treatment is a complete and effective remedy for removing the stresses of daily life leaving skin firm, smooth and brilliant.

Anne Semonin Eternal Youth Cryotherapy Facial

1 h / 100 €

A contouring and firming facial designed to combat the visible signs of ageing; Evening Primrose Oil and Red Micro Algae are excellent for mature, dry and dehydrated skin. Innovative Anne Semonin Neuro cosmetics are combined with 100% Active Serums and advanced cryo – therapy ice cubes to regain the skins natural youthful glow. The result is instantly tightened and firmed skin, a superb brightener for special events & boosting skin vitality.

Anne Semonin Deep Marine Purifying Facial

1 h 20 min / 130 €

Ideal for oily, congested, problematic skin this complete deep cleansing purifying treatment combines traditional steam and extraction techniques with Sage, Geranium and Thyme essential oils to rebalance and aid lymphatic draining. A detoxifying and anti inflammatory peel off mask is used to soothe, calm and rebalance the skin to encourage a visibly clear complexion.

ANNE SEMONIN PHYTO-AROMATIC FACIAL COLLECTION

Quick Flash Beauty Escape

30 min / 50 €

A refreshing mini - face therapy designed for quick results. Innovative Anne Semonin neurocosmetic ingredients are combined with 100% Active Serums and advanced cryo-therapy ice cubes to regain the skins natural youthful glow. The result is instantly tightened and firmed skin and superb brightener for special events.

These skin enhancing "made-to-measure" facials ensure effective, visible results. This collection has been designed to be tailor made for your individual skin needs, through individually blended plant active serums, masks and complexes.

Following an initial skin consultation your therapist will assist you in choosing from the following options:

Extreme Moisture Phyto-aromatic Facial

50 min / 90 €

Ultra Firming Phyto-aromatic Facial

50 min / 90 €

Pure Skin Phyto-aromatic Facial

50 min / 90 €

Soothing Repair Phyto-aromatic Facial

50 min / 90 €

ANNE SEMONIN FACIAL THERAPY FOR MEN

Deep Clean Detox Facial

1 h 15 min / 125 €

Ideal for city skins or imbalanced, stressed skins suffering from breakouts or congestion. A complete deep cleansing facial is achieved through traditional steam and extraction techniques. A detoxifying and rebalancing peel off mask is then applied using intensive complexes to give that deep clean feeling.

Made-To-Measure Grooming Facial

50 min / 90 €

This Phyto-aromatic Facial is tailored to you. Following a consultation a bespoke facial is created for your skin using our Anne Semonin essential oils, serums and mineral oils. Unique to you.

Cooling Ice Facial Therapy

1 h / 100 €

A contouring, tightening and firming facial achieved with our innovative Neurocosmetics Express Radiance Ice Cubes. Contour Serum tones the skin and our 100% Active Serum regains its youthful glow. This specialised cryo-therapy gives an instant tightening and lifting treatment boosting your visage. A superb brightener for special events & for boosting the vitality of your skin.

ANNE SEMONIN EYES AND DÉCOLLETÉ

Eye-Lift Firming Treatment

25 min / 50 €

A contouring and firming treatment using specific products, rich in essential oils and seaweed extracts containing Evening Primrose Oil and Red Micro Algae designed to hydrate the delicate eye area. This smoothing and skin tightening treatment gives a noticeable lift to the eye area and is ideal for those concerned with fine lines and wrinkles.

Eye Brilliance Treatment

25 min / 50 €

A detoxifying and radiance boosting treatment for tired eyes, or simply as a regular skin brightener. The use of Ginkgo Biloba and Rose Water will eliminate puffiness, minimises dark shadows and is a welcome treat for those suffering from eye strain, headaches and for contact lens wearers.

Firming Silhouette Décolleté Treatment

45 min / 60 €

A remodelling and firming treatment designed to care for the décolleté contours. Gentle exfoliation and the benefits of active marine ingredients of Spirulina, improves skin texture and the appearance of fine lines visibly lifting and firming the skin..

ANNE SEMONIN FACE AND BACK THERAPY

Serenity Treatment with Hot Stones

1 h 20 min / 130 €

An all embracing treatment incorporating a full Anne Semonin Phyto Aromatic Facial followed by the hot stone massage designed to de-stress both the mind and body. Warmed aromatic oils combined with the therapeutic effects of the stones are used to massage the back, neck and shoulders to aid a sense of deep relaxation and restore body balance.

Complete Harmony Treatment

1 h 15min / 125 €

A soothing back, neck and scalp massage begins this wonderfully relaxing therapy designed to relieve keys areas of tension and muscle tightness. Combined with the tailor made Phyto-Aromatic Facial the result is rehydrated, nourished and protected skin and an overall sense of calm and harmony.

ANNE SEMONIN
MADE TO MASSAGE THERAPY

A tailor-made full body massage combines classic Anne Semonin techniques along with a personally prescribed blend of intensive complexes and warmed botanical oil. After your initial consultation your therapist will assist you in choosing from the following options:

Anne Semonin De-Stress Phyto-Aromatic massage	50 min / 90 €
Anne Semonin Body Fitness Phyto-Aromatic massage	50 min / 90 €
Anne Semonin Uplifting Phyto-Aromatic massage	50 min / 90 €
Anne Semonin Detoxifying Phyto-Aromatic massage	50 min / 90 €

Stress Zone Relaxing Body Therapy 40 min / 60 €

A truly soothing back, neck and scalp massage begins this wonderfully relaxing therapy designed to relieve key areas of tension and muscle tightness. Combined with feet and lower legs massage to improve circulation allowing a powerful sense of calm and wellbeing.

Anne Semonin Blissful Back, Neck and Shoulder Massage 25 min / 50 €

An express massage using warmed aromatic oils focusing purely on the back neck and shoulders to relieve tension and enhance wellbeing.

Deep Release Massage with Hot Stones 1 h 15 min / 125 €

Heated black basalt stones are used to massage the whole body releasing deep seated tension ideal for anyone suffering with muscular aches and pains. Working at relieving stress at the deepest level this treatment is designed to work on the body's energy channels this intensive exceptional treatment is a holistic and energising therapy for the mind body and spirit.

Reflexology 45 min / 65 €

Reflexology is the physical act of applying pressure to the feet. It is based on a system of zones and reflex areas that reflect certain parts of the body, helping to achieve and alleviate pain, tension and regain overall balance of the body.

Thai Massage 1 h 30 min / 150 €

This traditional therapy is designed to energize, stimulate and completely alleviate tight and stressed muscular aches and pains. Your therapist uses his or her hands, knees, legs, and feet to move you into a series of yoga-like stretches. Muscle compression, joint mobilization, and acupressure are also used during treatment.

ANNE SEMONIN EXFOLIATION

Anne Semonin Black Sandy Body Scrub Ritual

1 h 25 min / 120 €

This ultimate exfoliating experience with Black Sand from Tahiti and aromatic oils actively sweeps away dead surface skin cells, leaving skin wonderfully soft, silky, detoxified and youthfully radiant. The delicate fragrance of exotic verbena promotes a holistic sense of wellbeing and relaxation. Aromatic oils are applied all over the body to deeply nourish, soften and re-mineralise the skin, followed by a revitalising exfoliation and body wrap. This therapy concludes with a Phyto-Aromatic Relaxing full body massage, to reawaken your senses. This holistic treatment is an ideal preparation for pre-tanning and special occasions as skin is left deeply hydrated and silky smooth.

Detoxifying Sea Salt and Aromatic Oil Wrap

50 min / 75 €

An ultra moisturising body scrub experience incorporating a therapeutic scalp massage. Warmed aromatic oils are applied all over the body designed to deeply nourish and soften the skin followed by a revitalising exfoliation and warm body wrap. This treatment is an ideal preparation for pre-tanning and special occasion as skin is left hydrated and silky smooth.

Express Aromatic Salt Exfoliation

25 min / 45 €

An express aromatic oil and salt scrub the perfect skin preparation, leaving skin deeply nourished, smoothed and hydrated.

ANNE SEMONIN
MADE-TO-MEASURE BODY WRAPS

Individually selected aromatic Intensive complexes are blended with mineral rich body masks designed to treat all skin and body needs; following an initial consultation, your therapist will assist you in choosing from the following options

Detoxifying Spirulina Body Wrap

50 min / 80 €

A detoxifying, slimming and energy boosting treatment, this envelopment begins with gentle exfoliation to boost circulation combined with seaweed extracts to harness the powerful cleansing and remineralising benefits of the ocean. This natural seaweed re-metabolises the body to efficiently kick start and maintain the elimination of toxins and waste. An essential body treatment to support a detox or weight management programme.

Firming Spirulina Body Envelopment

50 min / 80 €

An anti-ageing, firming and toning body envelopment ideal for combating congestion, cellulite and maintain a healthy skin tones after weight loss. Firming aromatic complexes treat the areas of the body that need skin conditioning combined with Spirulina seaweed to rebalance and remineralise the body restoring a feeling of total well-being.

Hydrating Pink Kaolin Clay Body Envelopment

50 min / 80 €

An ultra moisturising and hydrating body envelopment designed to recondition dry, dehydrated or sun damaged skins. This treatment begins with a full body exfoliation and scalp massage followed by an application of Pink Kaolin clay combined with nutrient rich treatment oils. A perfect full body thirst quencher for tired sensitive skin.

ANNE SEMONIN BODY SPECIFIC

Anti-Stress Back Therapy

45 min / 75 €

A hot marine mineral mud treatment for the back, neck and shoulders is designed to release tension and combat tight muscles. The feet and lower legs are carefully massaged to improve circulation allowing a powerful sense of well-being. This energising, stimulating therapy will rebalance your energy levels and reactivate your senses.

Anti-Cellulite Remedy

50 min / 100 €

A specialised treatment designed to stimulate the body's system and target areas of fluid retention, cellulite and uneven skin tone. The use of Cinnamon, Cedar, Rosemary and Ginger are massaged into the legs and feet to restore circulation and a firming and detoxifying mask is applied to relieve blockages and tone the skin. A course of treatments is recommended.

Nurturing Mother to be Therapy

1 h 30 min / 125 €

A relaxing, unwinding therapy, targeting areas of aches and pains and rejuvenating the face and body to give ultimate radiance back to the skin.

Your body will be supported and caressed by soft cushions whilst your therapist massages your back neck and shoulders. Followed by a sublime facial treatment, combining a foot and leg massage to alleviate achy, heavy and tired legs.

ANNE SEMONIN HANDS AND FEET

Perfect Hands Treatment

25 min / 40 €

A softening arm, hand and nails treatment includes gentle exfoliation and a luxurious southern sea ocean hand bath. Cuticles and nails are nourished with warmed aromatic oils massage and rich, creamy Kaolin mask used to refine nourish and protect the skin. Finishing with an application of Botanical Hand Cream, the result is perfectly groomed hands and nails.

Soul Foot Therapy

25 min / 40 €

This nourishing and conditioning foot and nail treatment begins with a mineral enriched footbath and exfoliation ideal for softening the skin. Warmed aromatic oils and active serums are then applied and the feet are enveloped with a pink kaolin mask and a rich cream massage relieves tension, nourishes and repairs the skin. The feet are left groomed and revitalised.

LITTLE "MISS ANNE SEMONIN"

Designed for the younger discerning "Little Miss Clients" to groom, pamper and relax.

Little Miss "Face Wash"

25 min / 30 €

Cleanse tone and moisturise an essential beauty treat designed to care for younger delicate skins.

Little Miss "Petit Mani"

25 min / 30 €

Shape, moisturise and polish this mini manicure leaves hands and nails sparkling bright. Ideal for "Little Miss Parties" and special occasions.

Little Miss "Petit Pedi"

25 min / 30 €

Feet are buffed and smoothed, nails are shaped and polished. This mini pedicure promises to leave you walking on air.

ANNE SEMONIN'S PARISIAN BATHING CEREMONY'S

The unique Anne Semonin bathing ceremonies take inspiration from Thalassotherapy, a historic and traditional way of "French Beauty" used for centuries, dating back to Antiquity in 480 B.C. Each Ceremony is designed to purify the body and mind whilst completely indulging the senses.

The Anne Semonin Bathing Ceremony's combine a superb blend of aromatic essential oils and marine ingredients, with the classic "French touch", and a holistic approach to treating the individual needs and concerns of your body.

These treatments will transport your mind and body into a world of relaxation and inner calm.

Anne Semonin Parisian Bathing Ceremony

2 h 30 min / 190€

The ultimate treatment to help you relax and unwind....a journey from beginning to end.

You will be immersed in a mineral enriched Parisian hydro bath where you will receive a scalp massage and then be left to unwind....after which an all over invigorating body exfoliation with the use of natural sea salts to completely polish your body to perfection, concluding with a choice of a full body massage or detoxifying seaweed wrap, and products made to measure, to suit your individual needs.

Choose from one of the following...

Detoxifying

This bathing experience is excellent at relaxing heavy legs and is targeted at slimming

The products used within this treatment will be tailored to work with the body's lymphatic flow. You will be immersed into an inviting meadow green seaweed bath filled with our "Mountain Oil" containing essential oils of hay flowers, eucalyptus and sandalwood blended with powerful seaweeds of Laminaria Algae, Spirulina and a wonderful blend of rosemary.

Sculpting

This bathing experience tailored to lift and firm loose, slack skin tissue

With the use of powerful seaweeds and essential oils, this treatment will conclude with an application of 'Toning Leg Gel' to help lift firm, and tighten and made to measure firming complexes of Ylang Ylang, Geranium and Eucalyptus.

Ultimate Nourishing

This bathing experience is balancing, relaxing, stimulating and remineralising

Hydrate and moisturise your body with our phenomenal "Ocean Oil" containing Blue Chamomile and Marine Criste to surge the skin with moisture blended with powerful concentrated seawater to remineralise the body.

SANI SPA SUITE
MADE-TO-MEASURE TIME RITUALS

*The ultimate in luxury and indulgence; the Spa Suite
"Made-to-Measure Time Ritual" is designed for you and
is tailor made to your every need.*

Face and Body Detox Therapy

3 h / 240 €

A specific trouble-shooting treatment for cellulite accumulation. This treatment breaks down fatty deposits with an exfoliation, stimulating massage for the legs and a detoxifying and firming mask on localised areas. An energising abdominal massage assists in the elimination of toxins and waste which contributes to cellulite formation. You will then lie back onto warmed bubbling seaweed to relax and unwind aching muscles in the back area. This therapy will conclude with a prescribed phytoaromatic facial. You are left feeling refreshed, energised and relaxed.

Hot aroma stone face and body ritual

3 h 30 min / 280 €

A sublime therapy commencing with an invigorating natural salt and oil body polish. Ideal for pre holiday preparation followed by a full body massage with hot stones to work deep into the muscles and our signature L' Experience Anne Semonin Facial.

Ultimate Journey of Anne Semonin Beauty

5 h / 420 €

A sublime therapy commencing with an invigorating natural salt and oil body polish. Ideal for pre holiday preparation followed by a prescribed seaweed body wrap to detoxify and remineralise and a full body massage with hot stones to work deep into the muscles and our signature L' Experience Anne Semonin Facial. This grooming ritual concludes with our "perfect hands" and "sole foot therapy.

SPA BASICS

As we believe in total beauty, we want to ensure that your nails and hair receive the same special pampering, for a complete, healthy and well-maintained look.

Hands and Feet

Manicure	35€
Pedicure	45€
French Manicure	45€
French Pedicure	50€

Hair Salon by YIANNI HAIR SPA

Waxing

Upper lip wax	10€
Under arm wax	15€
Full arm wax	18€
Full bikini wax	25€
Half leg wax	30€
Full leg wax	45€

DELI BAR MENU

Floral honey

Apivita's floral honey is made from the nectar of numerous wildflowers. Rich greek flora and hundreds of floral species, many of which are unique, contribute to the production of a honey with an exquisite aroma and a wonderfully light taste. At the same time, great plant bio-diversity results in a remarkably large variety of bio-active substances in floral honey that act synergistically to effectively help improve health.

Thyme honey

Forest honey is produced from a vast variety of forest flowers. Fir and pine tree resins. It is a very distinct honey with a dark gold colour, pleasant aroma and light taste. Forest honey has a high biological and nutritional value due to its increased concentration of trace elements.

Vanilla fir honey (meli elatis menalou vanilla)

The world famous and award-winning honey. Meli elatis menalou vanilla was the first to be acknowledged by the european union as a pdo (protected designation of origin). The uniqueness of this honey is attributed to its thickness, unmatched aroma and exquisitely rich taste.

Forest honey

Forest honey is produced from a vast variety of forest flowers. Fir and pine tree resins. It is a very distinct honey with a dark gold colour, pleasant aroma and light taste. Forest honey has a high biological and nutritional value due to its increased concentration of trace elements.

HERBAL TEA BAR

Good morning remedy

Rich herbal blends from the unique greek flora such as cinnamon, sage, dittany, peppermint, basil, thyme and greek mountain tea offer a unique revitalization.

Relaxing pot

In order to relax and balance the mind and the senses, choose this special blend of orange blossom, lemongrass, linden, chamomile, passionflower, marjoram and poppy seed.

Dittany of Crete

This endemic herb of crete is traditionally called "the love herb". It is better combined with a spoonful of honey to enjoy its unique energizing properties.

Green tea

The wisdom of the far east, the tea of chinese emperors, captures the invaluable antioxidant and anti-ageing ingredients that safeguard the skin and body.

FACILITIES

Fitness studio

Including contemporary cardio-fitness facilities, yoga and pilates programs and personal training

Indoor swimming pool

With jacuzzis and water aerobics on request

Relaxation area with tisannerie thermal suite

Comprising of hammam, rasul and sauna

Hair salon

Nail salon

Beauty corner

Offering Anne Semonin products

Deli spa bar

Serving healthy natural drinks

SPA GUIDELINES

OPENING HOURS

Every day from 8am to 8pm.

SPA RESERVATIONS

We recommend that reservations are made in advance in order to ensure preferred times.

CANCELLATION POLICY

A 24-hour cancellation notice is required in order to avoid charges. Late arrivals will only receive the remaining available appointment time

ARRIVAL TIME

Please arrive at least 15 minutes prior to your spa appointment.

GENERAL INFORMATION

Lockers are available for storing your belongings.

We suggest that you do not bring valuables to the Spa.

Robes and slippers are provided upon arrival.

If your treatment involves water therapy, you are required to wear a swimsuit.

Cell phones and pagers should be turned off while you are in the Spa.

The Management cannot be held responsible for the loss of any personal possessions or valuables.

Your comments are always welcome.

